

SPRITE, RESET FAST

WRITTEN BY

CHAT GPT

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Video	Audio
0-3s - Night. Front door cracks open. A tired young guy steps in, dusty from work. Boots thud. He wipes his forehead.	SFX: Door creak. Heavy boots. A low house hum.
3-6s - He opens the fridge. Inside: a cold Sprite can on the top shelf, frosty. Green glow on his face.	SFX: Fridge open. Soft cold air hiss.
6-9s - Close on the can. Beads of water. He grabs it.	SFX: Can tab PSSST. Fizzy start.
9-12s - He lifts the can. Freeze-frame beat on first sip.	SFX: Carbonation fizz builds.
12-16s - On the swallow, snap transition: grimy → clean. Night → daytime light through window. Clothes switch to fresh tee/jeans. Hair neat.	SFX: SNAP whoosh. Fizz continues under.
16-20s - He looks at his hands, smiles like "no way." Takes another sip.	SFX: Light fizz.
20-24s - Hero shot: crisp Sprite can, lemon-lime close-ups, pour over ice, quick cuts back to his refreshed face.	MUSIC: Quick bright stinger, upbeat, no lyrics. Fizz as rhythm.
24-27s - He leans back on the couch, fully reset.	MAN (VO, relaxed): "Long day? Reset fast."
27-30s - End card: Sprite can on white/green. He takes one last drink and exhales. Logo on screen.	SFX: Satisfying sip, then a clean sigh. MAN (VO/tag): "Sprite. Reset fast."